**Message from President**

Felicitations! This is the beginning of an exciting new year filled with special speech contests, exciting new speeches and fun, fun, fun.

You are cordially invited to attend our weekly meetings. Come and listen to interesting, motivating and delightfully heartwarming speeches from members of our campus community.

The Toastmasters communication and leadership program has something for everyone. Membership is open to students, alumni, staff, and faculty. Visitors are always welcomed.

Make joining Toastmasters one of your goals for 1999. Do it for yourself!

Enola Thompson-Logan, ATM-B
Club President

**Benefits of Toastmasters**

“Please help me welcome...” This is the phrase with which I introduced a speaker at a recent off-campus meeting. Where did I learn about using these warm words to introduce a speaker? At my weekly Dominguez Hills Speaks club meetings and on page 82 of the Toastmasters manual all new members receive.

I’ve been a member of Dominguez Hills Speaks since November 1997. I joined Toastmasters to develop some comfort in speaking in front of people, particularly speaking extemporaneously. What I’ve gained is that and much much more thanks to the variety of skills we practice and the supportive atmosphere within which we practice.

Since joining Toastmasters, I’ve been asked to deliver farewell speeches to

Continued on page 2

**Best Speaker**

At each Toastmasters meeting, one person is voted best speaker. Following are highlights from a speech delivered by best speaker Charlene Sanders, CTM.

**The Power of the Seed**

Dr. Myles Munroe, a minister, states, “Everything in life has potential.” You must understand the tremendous potential you possess and commit yourself to maximizing it. Potential is generally defined as dormant ability, untapped strength, and hidden talents. Potential is all you could be but have not yet become. Potential is all you can do, but have not yet done. Potential demands that you never settle for what you have already accomplished.

To simplify this concept, let us look at one of the most powerful elements in nature -- the seed. A seed is a potential forest because in every seed there is a tree. In every tree there are fruit or flowers with seeds in them. These seeds produce trees that produce fruit that produce seeds that produce trees and so on and so on. Given time, one seed, can produce a forest.

The minute we begin to settle and be satisfied with what we have, we lose the possibility of further revealing what is really inside us. We fail to expand the vast potential of our thoughts, ideas, and all of the other possibilities that are stored within us.

Continued on page 2
Benefit \textit{Continued}

Dr. Robert Detweiler. I was able to accept without hesitation, because Toastmasters has taught me that I won’t faint or suffer any other humiliation while speaking.

In October, I gave a paper at a professional conference at Indiana University. This was my first experience in delivering a paper—with slides yet. Two weeks before I left for Indiana, I practiced my speech, with PowerPoint slides, at a Toastmasters meeting. The constructive comments and supportive atmosphere of that meeting sent me off to Indiana with confidence and excitement instead of the anxiety I had expected.

These are just some of the benefits Toastmasters has provided me.
\begin{itemize}
  \item Volunteering as a club officer which is comparable to serving on any board.
  \item Learning how to speak within a specified period of time.
  \item Identifying and working to correct weak grammar or annoying mannerisms.
\end{itemize}

Try us. You'll like us, and you’ll like the valuable public speaking and leadership lessons that Toastmasters offers us.
- MS

\begin{center}
\textbf{Accomplishments}
\end{center}

\textbf{Competent Toastmasters (CTM)} All ten speeches in the Communication and Leadership Program manual completed.
\begin{itemize}
  \item Danielle Chapman
  \item Elizabeth Davis
  \item Charlene Sanders
\end{itemize}

\textbf{Advanced Toastmasters (ATM)} Ten speeches from the Advanced Communication and Leadership Program manuals completed.
\begin{itemize}
  \item Enola Thompson-Logan, ATM-B
\end{itemize}

\textbf{Ice Breaker Speeches} New members who gave their first speech in the Communication and Leadership Program manual.
\begin{itemize}
  \item Olivia Ale
  \item Francis Kim
  \item JaVette Youngblood
\end{itemize}

Congratulations to all of the Dominguez Hills Speaks Toastmasters Club members!
- DC

...\textbf{The Toastmaster \textit{Continued}}

master presents awards, delivers closing remarks, and returns control of the meeting to the club president.

Serving as Toastmaster is one of the most valuable experiences a member can have during a Club meeting.
- PC

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\textbf{Educational Tip}
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When trying to persuade others, communicate your ideas with conviction and believe that what you are proposing will truly benefit your audience.

Audiences are naturally suspicious of anyone who is trying to change their beliefs, attitudes, or behavior. Therefore, you must make it clear that you have their interest in mind and are not seeking their support for selfish reasons.

\textit{Excerpt taken from the Toastmasters Communication and Leadership Program Manual.}
-DC

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\textbf{Thought for the Day}
\end{center}

\textit{If you don’t know where you are going, you might wind up someplace else.}

- Yogi Berra

\begin{center}
\textbf{Upcoming Events}
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\textbf{Area E-1 Table Topics and International and Tall Tales Speech Contest}
March 19, 1999
For more information:
Contact Club President

\begin{center}
\textbf{Club Officers}
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\begin{center}
\textbf{President}
Enola Thompson-Logan, ATM-B
\end{center}

\begin{center}
\textbf{V.P. Education}
Danielle Chapman, CTM
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\begin{center}
\textbf{V.P. Membership}
Linda Brown
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\begin{center}
\textbf{V.P. Public Relations}
Elizabeth P.B. Davis, CTM
Charlene Sanders, CTM
\end{center}

\begin{center}
\textbf{Secretary}
Olivia Ale
Treasurer
Patricia Courtois
Sergeant-at-Arms
JaVette Youngblood
Past President
Danielle Chapman, CTM
\end{center}

\begin{center}
\textbf{Club Members}
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Olivia Ale
Jamina Barnes
Keith Bennett, CTM
Betty Blackman
Linda Brown
Danielle Chapman, CTM
Patricia Courtois
Elizabeth P.B. Davis, CTM
Patricia Davis
Tanya Edgley
Adria Edwards
Vivian Justis
Francis Kim
Tina Lee
Jean McTaggart
Christine Rivera
Charlene Sanders, CTM
Marion Smith
Enola Thompson-Logan, ATM-B
JaVette Youngblood